

Our Lady of Lourdes Catholic Kindergarten

Whole Day Class Menu

Whole Day Class Menu in April 2024

Day	Tea Break (A.M)	Lunch	Soup	Fruits	Tea Break (P.M)
1/ 4 Tue	Biscuit/ Vegan Salad	Bean Sprout Beef Fried Rice Noodles	Beetroot and Lean Pork Soup	Fruits+	Corn Cup
2/4 Wed	Egg Sandwich / Fruit	Vegetables & Chicken Wings With Rice	Soup With Vegetable And Pork Rib	Fruits	Vegan Cup
3/4 Thu	Corn Cup/ Fruit	Tomato Minced Pork with Red and White Rice	Carrot, Potato and Pork Rib Soup	Fruits	Boiled Egg
4/4 Fri	Ching Ming Festival				
7/4 Mon	Boiled Egg/ Fruit	Yangzhou Fried Rice	Pork Rib Soup With Corn And Carrot	Fruits	Corn Cup
8/4 Tue	Biscuits / Vegan Salad	Seasonal Vegetables and Diced Chicken with Red and White Rice	Diced Pork & Corn Soup	Fruits	Blueberries Pancake
9/4 Wed	Bread/ Fruit	Pasta Bolognese	Seaweed and Lean Meat Soup	Fruits	Vegan Cup
10/4 Thurs	Birthday Party	Tomato Puree and Salmon Spaghetti		Fruits	Biscuits
11/4 Fri	Sugar Free Soy Milk with Cereal	Seasonal Vegetables and Chicken Fillet with Red and White Rice	Tomato, Potato and Pork Rib Soup	Fruits	Boiled Egg
14/4 Mon	Boiled Egg/ Fruits	Chicken and Mushroom Rice	Seasonal Vegetable and Sliced Meat Soup	Fruits	Biscuits With Tuna
15/4 Tue	Biscuits / Vegan salad	Green Beans, Stir-Fried Diced Chicken with Red and White Rice	Apple and Lean Meat Soup	Fruits	Corn Cup
16/4 Wed	Egg Sandwich/ Fruit	Miso Soup Udon with Tofu and Lean Meat		Fruits	Fruits Cup
17/4 Thu	Bread/ Water	Corn Sauce With Fish Fillet	Soup With Vegetable And Pork Rib	Fruits	Biscuits
18/4 Fri	Easter Holidays				
21/4 Mon					
22/4 Tue					
23/4 Wed					
24/4 Thu					
25/4 Fri					
28/4 Mon	Boiled Egg/ Fruit	Rice with Beef and Tofu	Fuzzy Melon Soup With Lean Meat	Fruits	Biscuits
29/4 Tue	Biscuits/ Vegan salad	Stir-fried Chicken Fillet, vegetable and Rice	Corn and Egg Drop Soup	Fruits	Boiled Egg
30/4 Wed	Bread, Fruits	Yangzhou Fried Rice	Tomato and Potato Soup	Fruits	Fruit Cup

Remark: 10th April, 2025 Birthday Party Tea Break: Pandan Cakes, Chicken Wings, Fruit

17th April, 2025 The school will hold a Love and Care Famine Meal. On that day, students will only drink plain water during snack time, and a reward snack will be distributed after school.